# SIKA MANU CUP 2026

# TEAM GUIDE

Maximize
Performance Psychology
J.Clean
Commercial Services Cleaning
CFMEU
QLD/NT
THE MANA CHANNEL
AWARENESS • KNOWLEDGE • IDENTITY • HERITAGE
ROMANZ EYE PHOTOGRAPHY
EXCEED EVENTS
FRONT ROW BARBER

# Taumu'a Goals

Our mission is to honour and substain Tongan culture while promoting unity within the community through Rugby League. We aim to cultivate a strong sense of pride in our Tongan heritage among players and their families, while consistently adhering to our fundamental principles of Faith, Culture, and Respect.

This initiative seeks to establish pathways and opportunities for both junior and senior players of Tongan heritage in the rugby league arena. We plan to accomplish this by encouraging active involvement in key annual events, including the Sika Manu Cup and QPICC.

By offering a platform for youth to participate in cultural expressions such as song, dance, and historical learning, alongside their enthusiasm for rugby league, we strive to create a supportive environment that fosters a connection to their Tongan identity. Our aspiration is that, by the conclusion of the season, players will have developed a stronger bond with their cultural roots.

# Teuteu Prepare

**Registration Process**

- All players must register via the Mysideline portal to qualify for selection in representative teams.
- Regions must email nomination lists for all age groups to info@qtrl.com.au 5 days before October 2, 2026, to verify player registration.
- Participation is contingent upon player registration; unregistered players are ineligible.

**Selection Process**

- Affiliated regions must submit a list of players (aged U13s to U17s) of Tongan heritage for QTRL selection, including player names and jersey numbers.
- U19 and Open players will attend training sessions prior to the Sika Manu Cup, providing coaches with the opportunity to assess players and commence the selection process.
- The final player trials and selection process for the U19 and Open teams will take place during the Sika Manu Cup.
- Failure to provide the required list may lead to players being overlooked for selection.
- Ensure compliance with all registration and submission deadlines to facilitate a smooth selection process.

**Preparation Process**

- QTRL provide game balls for all games.
- Regions are responsible for game touch judge (except u8,u10,u19s & opens), league safe & score keeper (managers)
- Each team is allotted 2 minutes for Sipi Tau before the game commences on time.
- Senior team managers must collect score cards from competitions tent prior to your first game.

**Points System**

Two trophies will be awarded:

- Cultural & Senior Champions
    - Region Himi / Veesi lauloto
    - Region Performance and teunga during opening ceremony
    - Looking for Unity & Enthusiasm.
    - Win = 2 points
    - Draw = 1 point
    - Loss = 0 point
    - Each Team Manager must complete the scoring card for every senior match (u13s-opens) and submit it to the Games Table for tallying. To prevent any bias, two scoring cards should be provided for each game.
    - Please note only senior games will be scored.

# Ngaahi lao Rules

## LOTO TO - HUMILITY

- Regions are tasked with upholding our cultural values among players and staff, both during and outside of matches.
- Teams are required to promptly enter the field upon the referee's whistle. Failure to comply may lead to penalties at the referee's discretion, ensuring the smooth progression of scheduled games
- It is the responsibility of each region to maintain cleanliness in their designated areas.
- Consumption of alcohol is strictly prohibited.
- All players, volunteers, and spectators are expected to conduct themselves with humility, showing respect, gratitude, and consideration towards one another and our game day officials.

**Non-compliance with these regulations may lead to repercussions.**

# Polokalama Program

## OPENING CEREMONY

FRIDAY 2 OCTOBER, 2026

- 6pm - Opening ceremony commences Opening
- Prayer - Faifekau
- Acknowledgement to Country
  QTRL President Introduction Speech
- Introduction of Team, invited guest and community
- leaders
- National Anthems - Sound of Eden
  Regions combined performance
  Regions first game to commence 7pm

## Junior Prize giving

SATURDAY 3 OCTOBER, 2026
3:00pm

## Senior Presentation

SATURDAY 3 OCTOBER, 2026
4.30pm

# Game guidelines




Game guidelines

| Age group | Game Time | Break | Players on field | Substitution |
|---|---|---|---|---|
| U8s | 2x15min | 5mins halftime | 8 players | Unlimited |
| U10s | 2x15min | 5mins halftime | 11 players | Unlimited |
| U12s | 2x15min | 5mins halftime | 13 players | Unlimited |
| U13s | 2x 25min | 5mins halftime | 13 players | Unlimited |
| U15s | 2x25min | 5mins halftime | 13 players | Unlimited |
| U17s | 2x25min | 5mins halftime | 13 players | Unlimited |
| U19s | 2x25min | 5mins halftime | 13 players | Unlimited |
| Open Women's | 2x25min | 5 mins halftime | 13 players | Unlimited |
| Open men's | 2x25min | 5mins halftime | 13 players | Unlimited |

**2 minutes for Sipi Tau per team**

*Penalty for crossing the 40 meter line during the sipi tau will result in your captain sitting out the game for 5min.*

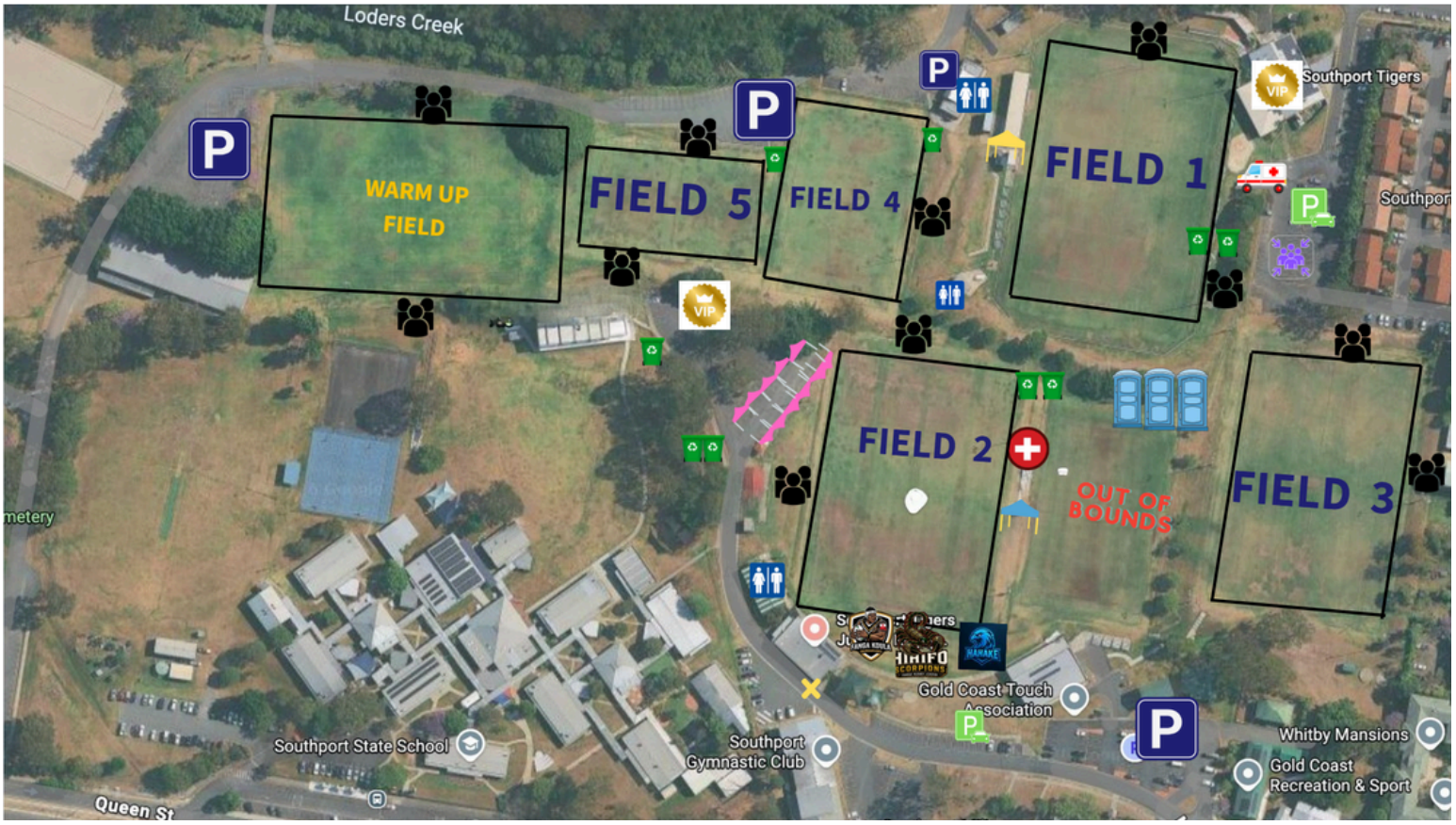
*Injuries: Time will still run*

*Non competitive: u8, u10, & 12*

*Competitive: u13 - Opens*

# Mudmap

## SOUTHPORT TIGERS RUGBY LEAGUE CLUB




Competitions tent

Food vendors

Medics

Referees tent

VIP tent & VIP parking

Toilets/Portaloos

Team marquees

# DRAW

## Friday 02/10/26

# FIELD 1

| GAME | TIME | TEAM | VS | TEAM |
|---|---|---|---|---|
| Opening Ceremony | 6 - 7pm | - | - | - |
| Game 1 | 7 - 8pm | U17B HAHAKE / HIHIFO | vs | U17 FANGA KOULA |
| Game 2 | 8 - 9pm | MENS 1 | vs | MENS 2 |

# DRAW

## Saturday 03/10/26

# FIELD 1

| GAME | TIME | TEAM | VS | TEAM |
|---|---|---|---|---|
| Game 1 | 9-10am | U13B HAHAKE | vs | U13B HIHIFO |
| Game 2 | 10 - 11am | U15B FANGA KOULA | vs | U15B HIHIFO |
| Game 3 | 11-12pm | U15 GIRLS | vs | U15 GIRLS |
| Game 4 | 12-1pm | U13B FANGA KOULA | vs | U13B HAHAKE |
| Game 5 | 1-2pm | U15B HIHIFO | vs | U15B HAHAKE |
| Game 6 | 2-3pm | U13B HIHIFO | vs | U13B FANGA KOULA |
| Game 7 | 3-4pm | U17B HAHAKE / HIHIFO | vs | U17B FANGA KOULA |

# DRAW

## Saturday 03/10/26

# FIELD 2

| GAME | TIME | TEAM | VS | TEAM |
|---|---|---|---|---|
| Meet + Greet | 9-10am | ALL U13, U15 + U17 | | GIRLS |
| Game 1 | 10 - 11am | U13 GIRLS | vs | U13 GIRLS |
| Game 2 | 11-12pm | U17 GIRLS | vs | U17 GIRLS |
| Game 3 | 12-1pm | U13 GIRLS | vs | U13 GIRLS |
| Game 4 | 1-2pm | U17 GIRLS | vs | U17 GIRLS |
| Game 5 | 2-3pm | U15 GIRLS | vs | U15 GIRLS |
| Game 6 | 3-4pm | U15B FANGA KOULA | vs | U15B HAHAKE |

# DRAW

## Saturday 03/10/26

# FIELD 3

| GAME | TIME | TEAM | VS | TEAM |
|---|---|---|---|---|
| Game 1 | 9:00am | U12 HAHAKE | vs | U12 HIHIFO GREEN |
| Game 2 | 9:45am | U12 FANGA KOULA | vs | U12 HIHIFO GOLD |
| Game 3 | 11:15am | U12 HIHIFO GREEN | vs | U12 FANGA KOULA |
| Game 4 | 12:00pm | U12 HIHIFO GOLD | vs | U12 HAHAKE |
| LUNCH | | | | |
| Game 5 | 1:30pm | U12 HAHAKE | vs | U12FANGA KOULA |
| Game 6 | 2:15pm | U12 HIHIFO GREEN | vs | U12 HIHIFO GOLD |

# DRAW

## Saturday 03/10/26

# FIELD 4

| GAME | TIME | TEAM | VS | TEAM |
|---|---|---|---|---|
| Game 1 | 9:00am | U8 FANGA KOULA BLACK | vs | U8 HIHIFO GREEN |
| Game 2 | 9:45am | U8 HAHAKE | vs | U8 FANGA KOULA GOLD |
| Game 3 | 10:30am | U8 HIHIFO GOLD | vs | U8 FANGA KOULA BLACK |
| Game 4 | 11:15am | U8 HAHAKE | vs | U8 HIHIFO GREEN |
| Game 5 | 12:00pm | U8 FANGA KOULA GOLD | vs | U8 HIHIFO GOLD |
| Game 6 | 12:45pm | U8 HAHAKE | vs | U8 FANGA KOULA BLACK |
| Game 7 | 1:30pm | U8 HIHIFO GREEN | vs | U8 HIHIFO GOLD |
| Game 8 | 2:15pm | U8 FANGA KOULA GOLD | vs | U8 FILL IN |

# DRAW

## Saturday 03/10/26

# FIELD 5

| GAME | TIME | TEAM | VS | TEAM |
|---|---|---|---|---|
| Game 1 | 9:00am | U10 HIHIFO GREEN | vs | U10 FANGA KOULA |
| Game 2 | 9:45am | U10 HIHIFO GOLD | vs | U10 HAHAKE |
| Game 3 | 11:15am | U10 FANGA KOULA | vs | U10 HAHAKE |
| Game 4 | 12:00pm | U10 HIHIFO GREEN | vs | U10 HIHIFO GOLD |
| LUNCH | | | | |
| Game 5 | 1:30pm | U10 HIHIFO GOLD | vs | U10 FANGA KOULA |
| Game 6 | 2:15pm | U10 HAHAKE | vs | U10 HIHIFO GREEN |